



PORT MACQUARIE SWIMMING CLUB
2025 LONG COURSE QUALIFYING MEET
Port Macquarie Pool – Gordon Street, Port Macquarie
50m Outdoor Pool with Grandstand



Saturday 4th & Sunday 5th October 2025

ONLINE ENTRIES ONLY

Saturday 4th October 2025		
Day 1		
Warm up 8am - Start 9am		
1	MEN	400M Freestyle - Open
2	WOMEN	400m Freestyle - Open
3	MEN	25m Butterfly – 7/u
4	WOMEN	25m Butterfly – 7/u
5	MEN	50m Butterfly - Multi Class
6	MEN	50m Butterfly - Multi Age
7	WOMEN	50m Butterfly - Multi Class
8	WOMEN	50m Butterfly - Multi Age
9	MEN	200m Backstroke – Multi Age
10	WOMEN	200m Backstroke – Multi Age
11	MEN	100m Breaststroke – Multi Age
12	WOMEN	100m Breaststroke – Multi Age
13	MEN	25m Freestyle – 7/u
14	WOMEN	25m Freestyle – 7/u
15	MEN	50m Freestyle - Multiclass
16	MEN	50m Freestyle – Multi Age
17	WOMEN	50m Freestyle - Multiclass
18	WOMEN	50m Freestyle – Multi Age
19	MEN	200m Butterfly – Multi Age
20	WOMEN	200m Butterfly – Multi Age
21	MEN	100m Backstroke – Multi Age
22	WOMEN	100m Backstroke – Multi Age
23	MEN	200m Individual Medley – Multi Age
24	WOMEN	200m Individual Medley – Multi Age
25	MIXED	1500m Freestyle - Open

SEMI AUTOMATIC TIMING

Sunday 5th October 2025		
Day 2		
Warm up 8am - Start 9am (Daylight Savings Time)		
27	MEN	400M Individual Medley - Open
28	WOMEN	400m Individual Medley - Open
29	MEN	200m Breaststroke – Multi Age
30	WOMEN	200m Breaststroke – Multi Age
31	MEN	100m Freestyle – Multi Class
32	MEN	100m Freestyle – Multi Age
33	WOMEN	100m Freestyle – Multi Class
34	WOMEN	100m Freestyle – Multi Age
35	MEN	25m Breaststroke – 7/u
36	WOMEN	25m Breaststroke – 7/u
37	MEN	50m Breaststroke – Multi Class
38	MEN	50m Breaststroke – Multi Age
39	WOMEN	50m Breaststroke – Multi Class
40	WOMEN	50m Breaststroke – Multi Age
41	MEN	100m Butterfly – Multi Age
42	WOMEN	100m Butterfly – Multi Age
43	MEN	200m Freestyle – Multi Age
44	WOMEN	200m Freestyle – Multi Age
45	MEN	25m Backstroke – 7/u
46	WOMEN	25m Backstroke – 7/u
47	MEN	50m Backstroke – Multi Class
48	MEN	50m Backstroke – Multi Age
49	WOMEN	50m Backstroke – Multi Class
50	WOMEN	50m Backstroke – Multi Age
51	MIXED	800m Freestyle - Open

PLEASE NOTE - QUALIFYING TIMES APPLY FOR THE FOLLOWING EVENTS: -

Events 1 & 2 need a 200m freestyle time of 4:20

Events 25 & 26 need a 400m freestyle time of 6:45

Events 27 & 28 need a 200 IM time of 4:20

Events 51 & 52 need a 400m freestyle time of 6:45

1. An area approved meet conducted under rules of SAL and SNSW Ltd. This is a qualifying meet.
2. Online entries only via Swim Central.
3. All events are timed finals.
4. Entry Fee \$8.00 per event, which includes SNSW \$1.50 Levy. Entry fee for 25m events \$6.00. NORMAL POOL ENTRY APPLIES
5. Medals will be awarded to 1st, 2nd & 3rd in 50m & 100m events – to each age group as follows: - 6/u, 7/8, 9/10.
Prizemoney will be awarded to 1st, 2nd & 3rd in 50m & 100m events – to each age group as follows: - 11/12, 13/14, 15/16/17 over & for each Open event irrespective of age & to 1st, 2nd & 3rd in 200m events to each age group 12/u & 13/o.
6. Medals will be awarded for Multi Class/Para.
7. Entries close **Midnight Sunday 28 September, unless meet is filled beforehand.**
8. **Age as at 4 October 2025.**
9. Meet Director reserves the right to amend the program and conditions of entry. Refunds WILL NOT BE ISSUED for ineligible entries.
10. Please ensure all swimmers are registered with appropriate bodies before the commencement of the meet.
11. Swimmers entering 25m events are not eligible to enter another distance in the same stroke.
Rule considerations will apply for all 25m events. All competitors will receive ribbons. **25m events will not be timed.**
12. Visiting clubs are required to assist with timekeeping duties.
13. BBQ will be in operation, Eftpos facilities available.

Enquiries: Jason Higgins – Race Secretary 0427 774 558, Tanya Harrison – President 0438 834 036 pmsc.president.2444@gmail.com